

## RETREAT SCHEDULE - YEAR 2016

| From Date  | To Date    | Period | Retreat/Venue  | R. Organizer/Group           | CONTACT DETAILS  |
|------------|------------|--------|--|------------------------------|--|
| 12/01/2016 | 19/01/2016 | 7 Days | Silent Retreat - Nissarana Vanaya                                | Mr. H P Liyanage             | 0718187059, 0912277215,<br>hpliyanage01@gmail.com - 'Meth Mali'<br>Baddegama Road, Pinkanda, Dodanduwa   |
| 29/01/2016 | 05/02/2016 | 7 Days | Silent Retreat - Nissarana Vanaya                                | Ms G P Gunasekera            | 0112788507, 0766894830, 542/24<br>Thalangama North, Kaduwela, Battaramulla   |
| 06/02/2016 |            | Day    | Day Retreat - Siri Subodharamaya Buddhist Centre -<br>Peradeniya | Sati Group                   | 0770076058 , Mrs. Deepthi Jayasinghe ,188,<br>Sri Kuda Ratwatte Mawatha, Kandy.<br>satigroup.kandy@gmail.com   |
| 07/02/2016 |            | Day    | Siri Samanola - Yatiyantota - Day Retreat                        | Mr.Heshan Sendanayake        | Polbindinagala Watta, Akkara 12, Lavent<br>Estate Rd. Yatiyantota, 077-7220268,<br>pinnacle.devcon@gmail.com   |
| 07/02/2016 | 12/02/2016 | 5 Days | Nissarana Vanaya ** Retreat full **                              | Sati Group                   | 0770076058 , Mrs. Deepthi Jayasinghe ,188,<br>Sri Kuda Ratwatte Mawatha, Kandy.<br>satigroup.kandy@gmail.com   |
| 13/02/2016 |            | Day    | English Medium Day Retreat - Allenmathiniyaramaya                | Ms Asitha/Mr.Heshan          | Allen Mathiniyaramaya, Colombo 05 -<br>Temple: 01122827746,0779447194 Heshan ><br>077 7720268, pinnacle.devcon@gmail.com -<br>Asitha > asitha_kumari@yahoo.com |
| 14/02/2016 |            | Day    | Vipassana Meditation Centre, Colombo 7-Day Retreat               | Mr.Vidura/Mr. Reggie         | 011269410, 0718157320, 0777305899 -<br>viduravi23@yahoo.com  |
| 14/02/2016 | 20/02/2016 | 6 Days | Nissarana Vanaya   | Ms. Dila Hettiaratchy        | 0777428249,dilahet@sltnet.lk -19/6 Swarna<br>Road, Colmbo 6  |
| 21/02/2016 |            | Day    | Yamuna Centre - Colombo  | Ms Sri Devi/Lakshmi de Zoysa | Mrs. Sridevi Silva,0112363733 ,<br>lakshmi.dezoysa@gmail.com - 0779298486,<br>65A, International Buddhist Centre<br>Road,Wellawatta Colombo 6                  |

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|------------|------------|---------|---|--------------------------|---|
| 23/02/2016 | 03/03/2016 | 09 Days | Nissarana Vanaya  | Mr. Rathnasiri ( Kandy)  | 0718438168, sena.rathnasiri@gmail.com, lakruwa.sales@gmail.com - 19 A Hiyarapitiya, Handessa, Kandy   |
| 05/03/2016 |            | Day     | Day Retreat - Siri Subodharamaya Buddhist Centre - Peradeniya | Sati Group               | 0770076058 , Mrs. Deepthi Jayasinghe ,188, Sri Kuda Ratwatte Mawatha, Kandy. satigroup.kandy@gmail.com  |
| 06/03/2016 |            | Day     | Siri Samanola - Yatiyantota - Day Retreat                     | Mr.Heshan Sendanayake    | Polbindinagala Watta, Akkara 12, Lavent Estate Rd. Yatiyantota, 077-7220268, pinnacle.devcon@gmail.com  |
| 06/03/2016 | 11/03/2016 | 5 Days  | Dana Dayakas - Nissarana Vanaya                               | Ms. Malkanthi De Silva   | 0718982660, sivademal@gmail.com - 522/2 Sushilarama Road, Malabe  |
| 12/03/2016 |            | Day     | English Medium Day Retreat - Allenmathiniyaramaya             | Ms Asitha/Mr.Heshan      | Allen Mathiniyaramaya, Colombo 05 - Temple: 01122827746,0779447194 Heshan > 077 7720268, pinnacle.devcon@gmail.com - Asitha > asitha_kumari@yahoo.com |
| 13/03/2016 |            | Day     | Vipassana Meditation Centre, Colombo 7-Day Retreat            | Mr.Vidura/Mr. Reggie     | 011269410, 0718157320, 0777305899 - viduravi23@yahoo.com  |
| 14/03/2016 | 21/03/2016 | 7 Days  | Nissarana Vanaya  | Ms. Nandaseeli Gajaweera | 0714969901, 0772945870, 92/2A P S Perera Mawatha, Mampe Piliyandala   |
| 24/03/2016 | 08/04/2016 | 15 Days | For Dasa Sil Meniyos - Nissarana Vanaya                       | Dhammadharanee Maniyo    | 0777414697, 0710615247, dhammadharinee@gmail.com - Dhammaramaya,Horagolla, Kotadeniya, Danovita   |
| 02/04/2016 |            | Day     | Day Retreat - Siri Subodharamaya Buddhist Centre - Peradeniya | Sati Group               | 0770076058 , Mrs. Deepthi Jayasinghe ,188, Sri Kuda Ratwatte Mawatha, Kandy. satigroup.kandy@gmail.com  |
| 03/04/2016 |            | Day     | Siri Samanola - Yatiyantota - Day Retreat                     | Mr.Heshan Sendanayake    | Polbindinagala Watta, Akkara 12, Lavent Estate Rd. Yatiyantota, 077-7220268, pinnacle.devcon@gmail.com  |
| 09/04/2016 |            | Day     | English Medium Day Retreat - Allenmathiniyaramaya             | Ms Asitha/Mr.Heshan      | Allen Mathiniyaramaya, Colombo 05 - Temple: 01122827746,0779447194 Heshan > 077 7720268, pinnacle.devcon@gmail.com - Asitha > asitha_kumari@yahoo.com |

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| 09/04/2016 | 12/04/2016 | 3 Days  | For Youth - Nissarana Vanaya                                     | Ms Padma Senanayake      | 0778576630 ,0112682947,<br>njssrilanka@gmail.com - No 76, 1st lane,<br>Gothami Road, Colombo 8               |
| 16/04/2016 | 21/04/2016 | 5 Days  | For Teachers - Nissarana Vanaya                                  | Ms Isha Suriyapperuma    | 0112792207,0778461558,<br>Ishas1943@gmail.com - 41/2 Kalapaluwawa,<br>Rajagiriya                             |
| 23/04/2016 |            | Day     | Vipassana Meditation Centre, Colombo 7-Day Retreat               | Mr.Vidura/Mr. Reggie     | 011269410, 0718157320, 0777305899 -<br>viduravi23@yahoo.com  |
| 23/04/2016 | 03/05/2016 | 10 days | Nissarana Vanaya - Sil Meniyo                                    | Ipalogama Pradeepa Manio | 0715384446, Samatha Vipassana Bhawana<br>Madiyasthanaya 18, Rajanganaya, Kalaoya                             |
| 04/05/2016 | 13/05/2016 | 9 days  | English Medium Retreat - Nissarana Vanaya                        | Ms Lakshmi De Soyya      | 0779604479, Lakshmi.dezoysa@gmail.com -<br>30/46 Malalasekera MW, Colombo 07                                 |
| 07/05/2016 |            | Day     | Day Retreat - Siri Subodharamaya Buddhist Centre -<br>Peradeniya | Sati Group               | 0770076058 , Mrs. Deepthi Jayasinghe ,188,<br>Sri Kuda Ratwatte Mawatha, Kandy.<br>satigroup.kandy@gmail.com |
| 15/05/2016 | 20/05/2016 | 5 Days  | Silent Retreat - Nissarana Vanaya                                | Ms. Padma Senanayake     | 0778576630 ,0112682947,<br>njssrilanka@gmail.com - No 76, 1st lane,<br>Gothami Road, Colombo 8               |
| 22/05/2016 |            | Day     | Vipassana Meditation Centre, Colombo 7-Day Retreat               | Mr.Vidura/Mr. Reggie     | 011269410, 0718157320, 0777305899 -<br>viduravi23@yahoo.com  |
| 24/05/2016 | 31/05/2016 | 7 Days  | Silent Retreat - Nissarana Vanaya                                | Ms. Nandaseeli Gajaweera | 0714969901, 0772945870, 92/2A P S Perera<br>Mawatha, Mampe Piliyandala                                       |
| 02/06/2016 | 09/06/2016 | 7 Days  | Silent Retreat - Nissarana Vanaya                                | Ms. K H G Dias           | 0713398859, Khgdias123@gmail.com - 80,<br>Malwatte Road, Dehiwela  |
| 11/06/2016 | 18/06/2016 | 7 Days  | Silent Retreat - Nissarana Vanaya                                | Ms. Priyaanka Molligoda  | 0777913599, 0112717447,<br>sami.priy.an22@gmail.com - 154/1, Jaya<br>Mawatha, Bellanvila, Boralasgamuwa      |
| 21/06/2016 | 28/06/2016 | 7 Days  | Silent Retreat - Nissarana Vanaya                                | Ms. Malkanthi De Silva   | 0718982660 sivademal@gmail.com - 522/2<br>Sushilarama Road, Malabe   |

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| 01/07/2016 | 07/07/2016 | 7 Days  | Silent Retreat - Nissarana Vanaya                                | Ms. Padma Senanayake    | 0778576630, 0112682947,<br>njssrilanka@gmail.com - 76, 1st<br>Lane, Gothami Road, Colombo 8  |
| 11/07/2016 | 18/07/2016 | 7 Days  | Silent Retreat - Nissarana Vanaya                                | Ms. Dinesha Liyanage    | 0718386924, dinesha.2006@yahoo.com -<br>264 1/2 High Level Road, Kottawa   |
| 06/08/2016 |            | Day     | Day Retreat - Siri Subodharamaya Buddhist Centre -<br>Peradeniya | Sati Group              | 0770076058 , Mrs. Deepthi Jayasinghe ,188,<br>Sri Kuda Ratwatte Mawatha, Kandy.<br>satigroup.kandy@gmail.com                                     |
| 07/08/2016 |            | Day     | Siri Samanola - Yatiyantota - Day Retreat                        | Mr.Heshan Sendanayake   | Polbindinagala Watta, Akkara 12, Lavent<br>Estate Rd. Yatiyantota, 077-7220268,<br>pinnacle.devcon@gmail.com                                     |
| 07/08/2016 | 12/08/2016 | 5 Days  | Nissarana Vanaya   | Ms.Hemamali Kehelgamuwa | 0112516556,0777730209,0718130832,<br>kehelgamuwa@gmail.com -<br>hemamali2@outlook.com, 114/2A Pirivena<br>Gardens, Pirivena Road, Boralessgamuwa |
| 14/08/2016 |            | Day     | Vipassana Meditation Centre, Colombo 7-Day Retreat               | Mr.Vidura/Mr. Reggie    | 011269410, 0718157320, 0777305899 -<br>viduravi23@yahoo.com  |
| 19/08/2016 | 02/09/2016 | 14 Days | English Medium Retreat - Nissarana Vanaya                        | Ms. Devika Jayawardana  | 0112582383,0777735458,<br>devikajay@sltnet.lk - 125/14 Peterson<br>Lane,Colombo 6  |
| 03/09/2016 |            | Day     | Day Retreat - Siri Subodharamaya Buddhist Centre -<br>Peradeniya | Sati Group              | 0770076058 , Mrs. Deepthi Jayasinghe ,188,<br>Sri Kuda Ratwatte Mawatha, Kandy.<br>satigroup.kandy@gmail.com                                     |
| 04/09/2016 |            | Day     | Siri Samanola - Yatiyantota - Day Retreat                        | Mr.Heshan Sendanayake   | Polbindinagala Watta, Akkara 12, Lavent<br>Estate Rd. Yatiyantota, 077-7220268,<br>pinnacle.devcon@gmail.com                                     |
| 04/09/2016 | 09/09/2016 | 5 Days  | Nissarana Vanaya   | Ms. Manuja Vithanagama  | 0714889995, manujaacsv@yahoo.com -<br>280/21 Thisara MW, Godagama Road,<br>Athurugiriya  |
| 11/09/2016 |            | Day     | Vipassana Meditation Centre, Colombo 7-Day Retreat               | Mr.Vidura/Mr. Reggie    | 011269410, 0718157320, 0777305899 -<br>viduravi23@yahoo.com  |

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| 11/09/2016 | 15/09/2016 | 4 Days  | Nissarana Vanaya   | Mr. Priyathilak Ranasinghe  | 718032185,<br>priyathilakranasinghe@gmail.com -<br>No.287/8,Stanley Thilakarathna<br>Mawatha,Nugegoda              |
| 18/09/2016 | 28/09/2016 | 10 Days | Nissarana Vanaya - Damrivi                                       | Ms. Suranjani Wickramaratne | 011 2863150, 777281750<br>Suranjani567@yahoo.com -51/ A, Damrivi<br>Foundation, Issipathana Road,Colombo 5         |
| 01/10/2016 |            | Day     | Day Retreat - Siri Subodharamaya Buddhist Centre -<br>Peradeniya | Sati Group                  | 0770076058 , Mrs. Deepthi Jayasinghe ,188,<br>Sri Kuda Ratwatte Mawatha, Kandy.<br>satigroup.kandy@gmail.com       |
| 02/10/2016 |            | Day     | Siri Samanola - Yatiyantota - Day Retreat                        | Mr.Heshan Sendanayake       | Polbindinagala Watta, Akkara 12, Lavent<br>Estate Rd. Yatiyantota, 077-7220268,<br>pinnacle.devcon@gmail.com       |
| 02/10/2016 | 07/10/2016 | 5 Days  | Nissarana Vanaya   | Ms. Udeni Thilakarathne     | 0718195466, 0772962918,<br>udeni.audit@maharaja.lk - Fonseka<br>Watte,Nakkawatte,Ganangamuwa                       |
| 09/10/2016 |            | Day     | Vipassana Meditation Centre, Colombo 7-Day Retreat               | Mr.Vidura/Mr. Reggie        | 011269410, 0718157320, 0777305899 -<br>viduravi23@yahoo.com  |
| 17/10/2016 | 27/10/2016 | 10 Days | Nissarana Vanaya   | SATI GROUP                  | Mrs. Deepthi Jayasinghe 0770076058,<br>satigroup.kandy@gmail.com   |
| 30/10/2016 |            | Day     | Galle - Weduwa   | Mr H P Liyanage             | 0718187059, 0912277215,<br>hpliyanage01@gmail.com - 'Meth Mali'<br>Baddegama Road, Pinkanda, Dodanduwa             |
| 05/11/2016 |            | Day     | Day Retreat - Siri Subodharamaya Buddhist Centre -<br>Peradeniya | Sati Group                  | 0770076058 , Mrs. Deepthi Jayasinghe ,188,<br>Sri Kuda Ratwatte Mawatha, Kandy.<br>satigroup.kandy@gmail.com       |
| 05/11/2016 | 10/11/2016 | 5 Days  | Ambuluwawa   | Venerable Sudhamma meniyo   | Sri Subodha Yogashrama<br>Road,Wattekade,Ambuluwawa,Gampola<br>0813998325 0773414586 -<br>sudhamma.lotus@gmail.com |
| 13/11/2016 |            | Day     | Vipassana Meditation Centre, Colombo 7-Day Retreat               | Mr.Vidura/Mr. Reggie        | 011269410, 0718157320, 0777305899 -<br>viduravi23@yahoo.com  |

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| 15/11/2016 | 25/11/2016 | 10 Days | Nissarana Vanaya                             | Ms. Anoma Wijesuriya                | 0777325530, anoma.wijesuriya@gmail.com - 28 A, Raymond Road, Nugegoda                                  |
| 26/11/2016 |            | Day     | Siri Samanola - Yatiyantota - Day Retreat    | Mr.Heshan Sendanayake               | Polbindinagala Watta, Akkara 12, Lavent Estate Rd. Yatiyantota, 077-7220268, pinnacle.devcon@gmail.com |
| 26/11/2016 | 01/12/2016 | 5 Days  | Nissarana Vanaya Peradeniya Students         | Udaya & Chandani Dissanayake (Kand) | 175,Colombo road, Uda Eriyagama, Peradeniya 0773-612915, 0777812910, Udaya_dissa@yahoo.com             |
| 02/12/2016 | 07/12/2016 | 5 Days  | Nissarana Vanaya                             | Ms. Tharanga Thilakasiri            | 0718044388, tthilakasiri@gmail.com - 50/5, Weralugampala Pepiliyawala                                  |
| 8/12/2016  | 11/12/2016 | 03 Days | Childrens Retreat - Nissarana Vanaya         | Ms. Rupika Gunawardane              | 0719433063, rupikag@gmail.com - 112, Jubilee Post, Nugegoda  |
| 15/12/2016 | 25/12/2016 | 10 Days | Nissarana Vanaya / Ven Panadure Chandaratana | Mr. H P Liyanage                    | 0718187059, 0912277215, hpliyanage01@gmail.com - 'Meth Mali' Baddegama Road, Pinkanda, Dodanduwa       |
|            |            |         |  |                                     |  |
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